

Author Year Country Score Research Design Sample Size	Methods	Outcome
Matthews et al. 1997 Canada PEDro=7 RCT Level 1 N=7	<p>Population: Injury level: C4-C7; all injuries were complete; age range: 23-44 years; 3-21 years post-injury.</p> <p>Treatment: Randomized to: a) topical anesthetic or: b) placebo creams applied to the quadriceps muscles during graded FES exercise.</p> <p>Outcome Measures: heart rate, blood pressure, serum catecholamines.</p>	1. No differences in HR, BP or catecholamine responses or FES force were seen between the two conditions.