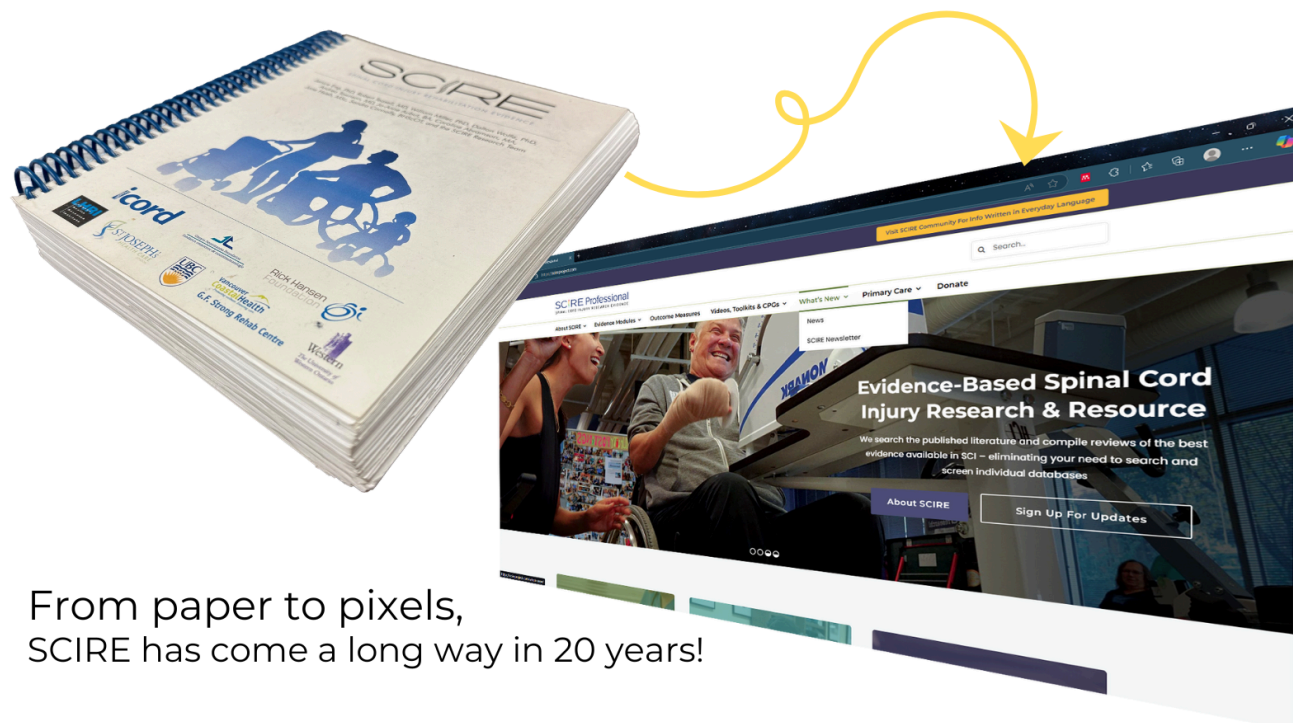




Welcome to the Spring 2025 issue of SCIRE Insider

Celebrating 20 Years of SCIRE!



From paper to pixels, SCIRE has come a long way in 20 years!

On our 20th Anniversary, we asked the SCIRE Executive Team:

"How has SCI research/treatment/rehabilitation changed or evolved in the last 20 years? What do you think has driven SCIRE's success?"

Here's what they had to say:



Dr. Janice Eng, PhD | SCIRE Co-PI

Evidence in SCI has evolved tremendously over the last 20 years; instead of case reports or small pre-post studies, we are now seeing more randomized controlled trials (RCTs), and even multi-site RCTs. I believe SCIRE's success has been due to our large and dedicated volunteer team of researchers, clinicians, and people with SCI who are passionate about ensuring the evidence is readily available for all. SCIRE has done well in adapting to keep ahead of the field; our longevity has also been due to incredible support from our funders – Praxis Spinal Cord Institute, ICORD, and the Rick Hansen Foundation – who always trusted us to get things done.



Dr. Bob Teasell, MD | SCIRE Co-PI

SCI rehabilitation has seen: 1) a shift to older populations and a greater percentage of non-traumatic injuries, 2) the introduction of new technologies, 3) a shift in models of care to shorter inpatient stays and more support in the community, and 4) the greater role of people with SCI in care planning and research. Success and longevity are two different things... success comes with a good plan and good people to operationalize those plans; longevity has come from highly engaged stakeholders who have continued to be willing to drive that success.



Dr. Andrea Townson, MD | Vancouver Coastal Health

I remember presenting our work and taking copies of our first edition of SCIRE to research meetings. It was a large spiral bound printed book and we had CDs that people could use as well. Seeing it grow into the go-to online reference for clinicians and health professionals with ongoing updates has been a wonderful evolution. SCIRE Community has been an excellent addition as a resource for people with lived experience and their families and care providers.



Dr. Vanessa Noonan, PhD | Director of Research, Praxis Spinal Cord Institute

I have really enjoyed working on SCIRE starting when I was a graduate student and then in my role at Praxis. Compared to 20 years ago, care is now much more person-centered and there is focus on removing silos... SCIRE is a tremendous resource that has grown over 20 years and is well recognized as a place to get the best evidence in Canada and internationally.

SCIRE Milestones



100+ Publications
3M+ Visits
6.75M+ Pageviews

[VISIT SCIRE PROFESSIONAL](#)



60+ Articles
56K+ Visits
175K+ Pageviews

[VISIT SCIRE COMMUNITY](#)



Falls Prevention Wheelchair Set-up

YouTube

In January we reached **3000 subscriptions**, and by the end of 2025 we will have **1M views** of our **80+ videos** on topics ranging from Aging to Outcome Measures to Sexual Health and much more.

If you haven't yet subscribed to our SCIRE Video channel on YouTube, click the link below and give us a Follow!

[VISIT SCIRE VIDEO](#)

Our Mission Remains

To produce material based on the best and most current evidence so that clinicians and people with SCI can make informed decisions about their care.

CURRENT



Guide your practice with recent evidence and improve outcomes of people with SCI

CREDIBLE



Written by an international team of 80 scientists and clinicians including 50+ peer-reviewed journal articles



AND
IT'S
FREE
TO
USE



COMPREHENSIVE

See reviews on SCI with relevant subtopics, demonstration videos, and 100+ outcome measures available for download



SCIRE covers a comprehensive set of topics relevant to SCI care. SCIRE reviews, evaluates, and translates existing research knowledge into a clear and concise format to inform healthcare professionals and people with lived experience of best practices following SCI.

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