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Research Summary – Functional Standing Test (FST) – Upper Limb

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability		
Triolo et al. 1994 Methodological study; testretest to assess interrater reliability	N=13 volunteers mean (SD) age: 23.5 (3.9), range: 15-30. Able bodied: N=10 (2M, 8F) SCI injured: N=3; (1M, 2F) SCI patients: complete T3-T6 injury.	ANOVAs performed on the pooled data (over all volunteers and raters) indicated that 60% of the individual subtests were significantly different at the P=.05 level. This difference was people with and without SCI indicated the FST may be sensitive to various standing impairments.	Test-retest, interater, intra-rater ICC values for SC individuals stand with knee-ankle foot-orthoses (KAFOs): Table 1.	r: Cl ding -		
	Table 1. ICC values for SCI individuals standing with knee-ankle-foot-orthoses (KAFOs): SCI-KAFOs: SCI-K					
	1. Simulate page turning (index cards)		0.67			
	2. Move small objects on test board		0.91			
	3. Lift light objects up to low		0.81			
	4. Lift light objects down from low		0.72			
	5. Pull object from dominant side		0.93			

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	6. Push object from dominant side 7. Move large light objects 8. Stack checkers 9. Lift heavy objects up to low 10. Lift heavy objects down from low 11. Pull object from non-dominant side 12. Push object from non-dominant side		0.81	
			0.68	
			0.79	
			0.89	
			0.44	
			0.37	
			0.69	
	13. Move large heavy ob	13. Move large heavy objects		
	14. Scooping (simulated	14. Scooping (simulated feeding)		
	15. Lift light objects up to top		0.91	
	16. Lift light objects down from top 17. Lift heavy objects up to top 18. Lift heavy objects down from top 19. Pouring 20. Lift objects of unknown weight to top		0.96	
			0.67	
			0.85	
			0.26	
			0.98	
	21. Total standing time		-0.13	
	Total Items ranged:			
	ICC=0.13-0.98			
	4 items were questional	ble:		
	ICC=0.13-0.44	lo:		
	11 items were very reliab ICC=0.81-0.98	ne.		

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	Remaining 6 items were moderately reliable:				
	ICC=0.67-0.79				