

## Research Summary – Surface Electromyography (sEMG) – Other Physiological Systems

| Author Year<br>Country<br>Research<br>Design<br>Setting                                                                                                                                                                                                                        | Demographics and<br>Injury<br>Characteristics of<br>Sample                                                                                                                            | Validity                                                                                                                                                                                                                                                                                                                                                           | Reliability                                                                                                                                                                                                                                                                                                                                                                                                                                      | Responsiveness<br>Interpretability |
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| <a href="#">Silverman et al.</a><br>2021<br><br>Study to assess the correlation of time-domain EMG features with the exerted joint torque (validity) and their test-retest repeatability (reliability), which may contribute to characterizing muscle activation following SCI | N = 9 healthy uninjured participants<br>7M, 2F<br>Mean (SD) age 32.3 (8) years<br><br>N = 4 participants with cervical incomplete SCI<br>3M, 1F<br>Mean age 46.75 years<br>AIS C or D | <b>Spearman coefficients:</b> All EMG features correlated well with torque in uninjured participants (TA: $\rho = 0.92-0.97$ ; SOL: $\rho = 0.94-0.97$ ). The strong correlation between time-domain sEMG features and torque measurement remained true in four participants with SCI for both muscles tested (TA: $\rho = 0.86-0.95$ ; SOL: $\rho = 0.86-0.95$ ). | In healthy participants, the ICC of the slopes demonstrated high reliability for all sEMG features. <ul style="list-style-type: none"> <li>- For TA, slopes of linear regression had high repeatability (ICC &gt; 0.94).</li> <li>- In SOL, point estimates were high as well (ICC &gt; 0.86), however the lower confidence bound estimates were variable.</li> </ul> In TA, y-intercepts of linear regression similarly showed good performance |                                    |

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|                                                                                                                                      |                                                                                                                                                                            |                                                                                                                                                                                         | <p>as per point estimates (ICC &gt; 0.7), albeit with wider confidence bounds, and generally better than those for SOL.</p> <p>Grouped statistical analysis of reliability was not possible in the SCI series due to the small number of participants and clinical heterogeneity in injury severity and muscle performance.</p> |                                            |
| <a href="#">Lim et al.</a> 2005<br><br>Cross-sectional retrospective study of a neurophysiological method of voluntary motor control | 67 participants with incomplete spinal cord injury (iSCI)<br>63 males, 4 females<br>mean age: 49.5±15.2<br>AIS C=32<br>AIS D: 35<br>15 AB participants<br>Level of injury: | The AIS unilateral motor scores were correlated to the different similarity indexes (SIs) representing individual motor tasks or combinations of tasks, for example, proximal movements |                                                                                                                                                                                                                                                                                                                                 |                                            |

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| characterization<br><br>VA Medical<br>Centers in<br>Houston and<br>Dallas Texas,<br>USA. | 40 cervical<br>18 between T1-T9<br>9 below T10                       | together or flexion<br>movements together.<br>Correlation<br>coefficients ranged<br>from 0.22 to a high of<br>0.80 ( $P<.01$ ) which was<br>observed for the four<br>unilateral motor tasks<br>taken together. Hip-<br>knee flexion,<br>dorsiflexion and<br>plantar flexion showed<br>the strongest<br>correlation<br>coefficients, 0.80<br>( $r<0.01$ ) with unilateral<br>motor scores.<br>All correlation<br>coefficients between<br>motor score and<br>combined SI values<br>that included the<br>dorsiflexion task were<br>over 0.75 ( $P<.01$ )<br><br>An SI value of 0.85 was<br>found to separate AIS-<br>C and AIS-D groups |                    |                                            |

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|                                                                                                                                                            |                                                                                                                                                                                                                                                        | with a sensitivity of 0.89 and a specificity of 0.81.                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                    |
| <a href="#">Lim &amp; Sherwood</a><br>2005<br><br>Retrospective<br>analysis<br><br>2 Texas<br>Department of<br>Veterans Affairs<br>(VA) medical<br>centers | <p>69 incomplete SCI participants (65 males, 4 females)<br/>mean age: 48.1±4.6 yrs<br/>54.8 ± 3.6 months postinjury</p> <p>15 AB participants (11 males, 4 females)<br/>mean age: 36±10 yrs<br/>Injury classification:<br/>AIS C: 34<br/>AIS D: 35</p> | No group difference existed for AIS-C ( $r=0.80\pm0.08$ ) and AIS-D ( $r=0.87\pm0.12$ ) in the correlation analysis of SI. | <p><b>Interpretability:</b><br/>Correlation analysis results showed a moderate to strong correlation for 3 repeated measures:<br/><math>r= 0.83</math> to <math>0.98</math> for magnitude (<math>P&lt;.05</math>)<br/><math>r= 0.77</math> to <math>0.88</math> for similarity index (SI) (<math>P&lt;.05</math>)</p> <p>The magnitude (<math>r=0.93\pm0.04</math>) showed stronger correlation than SI (<math>r=0.83\pm0.04</math>) overall.</p> <p>Flexion movements (<math>r=0.95\pm0.03</math> for magnitude and <math>r=0.86\pm0.03</math> SI) showed significantly higher correlation</p> |                                    |

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|                                                         |                                                            |          | <p>than extension movements (<math>P&lt;.05</math>).</p> <p><b>Test-retest, Inter-rater, Intra-rater:</b><br/>3 repetitions for each of the 10 motor tasks were analyzed for repeatability with the use of ICCs.</p> <p><b>Short term reliability:</b><br/>The reliability of the 2 components of the VRI (voluntary response index), magnitude and SI (similarity index) were good (<math>ICC=0.93\pm0.05</math> for magnitude and <math>ICC=0.83\pm0.04</math> for SI) for the 69 SCI participants. ICCs of magnitude were slightly larger than those of SI (<math>P&lt;.01</math>)</p> |                                    |

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|                                                                                      |                                                                                                                                                                                                 |                                                                                                                                                                                                  | <p>The magnitude of 15 AB participants showed good reliability (ICC=0.90±0.04).</p> <p><b>Intermediate term reliability:</b><br/>Data recorded 1 week apart from 6 participants for 10 motor tasks showed fairly strong correlation for magnitude (r=0.91, P&lt;.01) and SI (r=0.87, P&lt;.01).</p> |                                    |
| <a href="#">Lim et al.</a> , 2004<br><br>Retrospective analysis<br><br>Not specified | <p>9 SCI participants with injury levels ranging from C6 – T8 (time post injury: 11±5 months)</p> <p>10 neurologically healthy participants (9 males, 1 female) mean age: 37.9 ± 13.9 years</p> | <p>The VRI changes over the time in which STAT was administered were variable across SCI participants. In general, SIs (similarity index) moved toward 1.0 following completion of training.</p> |                                                                                                                                                                                                                                                                                                     |                                    |

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|                                                                    | <p>10 AB participants served as control to establish “prototype” responses</p> <p>9 SCI participants were enrolled in independent studies to evaluate the effect of supported treadmill ambulation training (STAT). This participant group was expected to improve their gait as a result of STAT and, in fact, all showed increases in over-ground gait speed. For the purpose of this report, the STAT group served to test the sensitivity of VRI calculations to motor control changes brought by intervention.</p> | <p>Participant 1 had starting SI values bilaterally near 1.0 and participants 3 and 4 were nearly 1.0 on their right. Five participants (2r, 4r, 6r, 7r, 8l) showed a unilateral increase toward the prototype, range 0.08 to 0.16, and mean change of <math>0.11 \pm 0.04</math>. Two participants (3 and 7) showed unilaterally and one participant (9) bilaterally decreased SIs, or movement away from the prototype.</p> |                    |                                            |

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| <p><a href="#">Calancie et al.</a><br/>2001</p> <p>Longitudinal<br/>study</p> <p>Jackson<br/>Memorial<br/>Hospital at the<br/>University of<br/>Miami School of<br/>Medicine</p> | <p>N=45<br/>No indication of age.<br/>Acute Traumatic SCI<br/>Level of injury:<br/>34 cervical<br/>11 T2-L3.</p> | <p>EMG was used to<br/>record isolated,<br/>maximal contractions<br/>of 12 muscles groups<br/>and voluntary<br/>recruitment efforts<br/>were scored from 0 to<br/>5. Eight of the 12<br/>muscle groups were<br/>assessed for strength<br/>with Manual Muscle<br/>Testing (MMT). EMG<br/>was performed in the<br/>acute phase (~1 week<br/>post injury) and MMT<br/>was performed in the<br/>sub-acute phase<br/>(2mo±1wk).</p> <p>Muscles examined<br/>with both methods<br/>were: biceps, triceps,<br/>extensor carpi radialis<br/>(ECR), abductor digiti<br/>minimi (ADM), psoas<br/>major, quadriceps,</p> |             |                                    |

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|                                                         |                                                            | <p>tibialis anterior (TA) and soleus.</p> <p><b>Nonparametric Spearman Rank correlations were used to compare muscle strength scores from EMG and MMT.</b></p> <p>When muscle scores of zero were found for both EMG and MMT but were included in the analysis, all correlations were significant (<math>P&lt;.01</math>) at both time points. If those with double zero scores were excluded from the data analysis, all were significant except for the soleus muscle at the acute time point (<math>r=0.28</math>, <math>P=.19</math>).</p> |             |                                    |

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|                                                                    |                                                                      | Correlation coefficients are as follows when zero scores were not included (acute, sub-acute):<br>biceps (0.56, 0.40),<br>triceps (0.77, 0.70),<br>ECR (0.64, 0.64), ADM (0.49, 0.67), psoas (0.47, 0.77), quadriceps (0.54, 0.61), TA (0.57, 0.78) and soleus (0.28, 0.59). |                    |                                            |