

Author Year; Country Score Research Design Total Sample Size	Methods	Outcome
<p>Courtois et al. 2001; Canada Pre-post Level 4 N=10</p>	<p>Population: 10 men, age range 25-52 yrs. Treatment: Perineal training combined with biofeedback and home exercises. Outcome Measures: Tumescence (penile circumference).</p>	<ol style="list-style-type: none"> 1. Perineal training resulted in significant differences in tumescence. 2. After treatments were stopped there was a decrease in penile circumference that was statistically significant from the treatment increase.