

<b>Author, Year Country Study Design</b>	<b>Population, Intervention, Outcome Measures</b>
(Warzak et al., 1991) USA <b>Case Report</b> N=1	<b>Population:</b> 8 yr, male, C4 tetraplegia SCI, ventilator-dependent. <b>Intervention:</b> Information-only procedure involving anxiety-reduction activities including relaxation and cognitive distraction. <b>Outcome Measures:</b> Heart rate, mouth noises, and verbalizations during tracheostomy care, ventilation checks, and conversation.