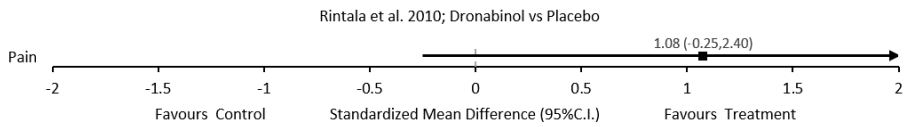


Author Year Country Research Design Score Total Sample Size	Methods	Outcome
Andresen et al. 2016 Denmark RCT PEDro = 11 Level 1 N=73	<p>Population: Mean age=56.3±11.6 yr; Gender: males=54, females=19; Time since injury=10.3±11.7 yr; Level of injury: tetraplegia=32, paraplegia=41; Severity of injury: AIS A=24, B=3, C=15, D=31; Type of pain=neuropathic.</p> <p>Intervention: Participants were randomized to a ultramicrocrystalline palmitoylethanolamide (Normast) group or a placebo group taking dosages 2 times daily with 12 h between dosages, for 12 wks.</p> <p>Outcome Measures: Numeric Rating scale (0-10) for change in neuropathic pain intensity from baseline wk to wk 12. Secondary outcomes: analysis and effects on spasticity, evoked pain, sleep problems, anxiety, depression and global impression of change.</p>	<ol style="list-style-type: none"> 1. No significant difference between change in neuropathic pain intensity observed between the Normast and placebo groups (p=0.46). 2. No significant difference over time between the two groups when using covariates (p=0.82). 3. Normast group had a significant reduction in their use of rescue medication compared to the placebo group (p=0.02). 4. Normast group showed a significant increase in intensity of spasticity observed in the pain diary recordings compared to a decrease in the placebo group (p=0.013). 5. No significant differences observed in any of the other outcome measures (p>0.05).
Wilsey et al. 2016 USA RCT Crossover PEDro=8 Level 1 N=42 (29 SCI)	<p>Population: Mean age=46.4±13.6 yr; gender: males=29, females=13; Level of injury: C=22, T=14, L=6.</p> <p>Intervention: crossover design with placebo, 2.9% and 6.7% THC vapour; 4 puffs at t=0 and 4 puffs at t = 240 min. Treatment periods were 480 min. for each exposure with measurements every 60 min.</p> <p>Outcome Measures: 11-point pain scale, Patient Global Impression of Change, Neuropathic Pain Scale, VAS allodynia, Heat-pain threshold.</p>	<ol style="list-style-type: none"> 1. 2.9% THC group (2nd dose at t = 240 min.): <ol style="list-style-type: none"> a. Pain intensity was significantly reduced at all measurement points (p<0.05, a t = 120/240 min. <0.01). b. Pain relief was significantly higher at all measurement points (p<0.0001) except 360 minutes. c. All neuropathic pain measures improved except itching at all measurement points (p<0.0001). 2. 6.7% THC group (2nd dose at t = 240 min.): <ol style="list-style-type: none"> a. Pain intensity was significantly reduced at t = 60, t = 300, t = 360 and t = 420 min. (p<0.05). b. Pain relief was significantly higher at all measurement points (p<0.0001). c. All neuropathic pain measures improved except itching at all measurement points (p<0.0001).
Rintala et al. 2010 USA Crossover-RCT PEDro=5 Level 2 N=5	<p>Population: Convenience sample. Mean age: 50.1 yr; Level of injury: paraplegia=4, tetraplegia=3; Level of severity: AIS A=4, B=1, D=2; Mean time since injury: 21.9 yr; Type of pain: neuropathic (>6 months)</p>	<ol style="list-style-type: none"> 1. Pain intensity was not significantly different between the dronabinol and diphenhydramine groups. (n=5) 2. Seven people started the study, but 2 participants dropped out

	<p>Intervention: Participants were randomized into two groups: i) 5 mg dronabinol titrated every third day (max 20 mg/day); ii) 25 mg diphenhydramine day once then titrated up to 75 mg/day. Participants remained in a 7 day stabilization phase once titration was complete and then a 28 day maintenance phase. After a 9 day down-titration period and 7 day washout period, participants crossed over to the other arm. Participants stopped all pain medication prior to the study and were allowed break-through medication during the study, consisting of 5mg/325mg oxycodone/acetaminophen max. 8d./24h.</p> <p>Outcome Measures: Brief Pain Inventory (BPI).</p>	<p>during the first round while in the Dronabinol group, one participant due to side-effects and the other unwilling to stop taking dronabinol.</p> <ol style="list-style-type: none"> 3 participants used break-through medication during the study. Their patterns of use were occasionally, 2 tablets daily and 8 tablets daily. No significant difference was seen in side effects between the groups. Most common side effects included dry mouth, constipation, fatigue and drowsiness.
<p>Effect Sizes: Forest plot of standardized mean differences (SMD±95%C.I.) as calculated from pre- and post-intervention data.</p> 		
<p>Hagenbach et al. 2007 Switzerland</p> <p>Phase 1 Open-label Clinical Trial N=15</p> <p>RCT PEDro=4 Level 2 N=13</p>	<p>Population: SCI (N=15): Age range: 29-66 yr; Gender: males=11, females=2; Level of injury: C4-T11; Level of severity: AIS A,B,C,D; Type of pain: spastic.</p> <p>Intervention: Phase 1-2: Patients received 10 mg oral tetrahydrocannabinol (THC) on day one. Dose titration began on day two until the maximum tolerated dose or treatment aim was achieved and maintained for 6 wk. Phase 3: In a double-blind design, SCI patients from phase 1 of the study were randomly assigned to either maximum oral THC doses (6 participants) or placebo doses (7 participants) for 6 wk.</p> <p>Outcome Measures: Self ratings.</p>	<ol style="list-style-type: none"> Mean average tolerated dose was 31 mg/day orally and 43 mg/day rectally delivered THC. Significant improvement in pain was seen on day one compared to baseline measures (p=0.047). No significant improvement in pain was seen compared to placebo on day 8 and 43. Individuals in the oral THC group showed no significant difference in mood or attention compared to the placebo group or to baseline. Total of 9 dropouts during open-label phases were due to increased pain, anxiety, decreased compliance, decreased attention and mood.