

| <b>Author Year;<br/>Country<br/>Score<br/>Research Design<br/>Total Sample<br/>Size</b>   | <b>Methods</b>  | <b>Outcome</b>   |
|---|---|--|
| <p><a href="#">Chen et al. 2001</a><br/>USA<br/>Case series<br/>Level 4<br/>N=21</p>      | <p><b>Population:</b> 21 participants (17 men, 4 women) with acute SCI; age: 34 (range, 16- 78) years; TPI: 26 days (range: 6 to 122); AIS A (n = 17), AIS B (n = 2), AIS C or D (n = 2).<br/><b>Treatment:</b> 0.5 µg calcitriol daily x 6 days; 1250 mg calcium carbonate BID x 6 days; 30 mg pamidronate intravenous daily x 3 days (administered on days 4, 5, and 6 of study)<br/><b>Outcome measures:</b> Within 2 weeks prior to baseline, and again within 2 weeks following study completion: 24-hour urine calcium and creatinine; spot urine NTX; serum calcium, phosphorus, intact PTH, 25-D, 1,25-D.</p> | <ol style="list-style-type: none"> <li>1. Calcitriol-pamidronate therapy decreased urinary NTx excretion by 71% (p &lt; 0.001), and urinary calcium excretion by 73% (p &lt; 0.001).</li> <li>2. Calcitriol-pamidronate therapy increased serum PTH (p &lt; 0.05) and 1,25-D (p &lt; 0.005).</li> <li>3. Post-therapy hypocalcemia or hypophosphatemia occurred in 44% (p &lt; 0.01) and 53% (p &lt; 0.01) of participants, respectively.</li> </ol> |
| <p><a href="#">Mechanick et al. 2006</a><br/>USA<br/>Case series<br/>Level 4<br/>N=32</p> | <p><b>Population:</b> 32 adults (25 men, 7 women) with acute traumatic SCI; age: 42 years; paraplegia (n=8), tetraplegia (n=13); AIS A (n=22), AIS B (n=5), AIS C (n=5).<br/><b>Treatment:</b> calcium 1000 mg daily and calcitriol 0.25 µg daily x 17 days, pamidronate 90 mg intravenous on day 4<br/><b>Outcome measures:</b> Serum calcium, phosphorus, and albumin; urinary calcium and NTX, serum intact PTH, 25-D, 1,25-D</p>  | <ol style="list-style-type: none"> <li>1. Single-dose calcitriol-pamidronate therapy decreased urinary NTX excretion by 64% (p&lt;0.001) and urinary calcium excretion by 50% (p&lt;0.002) in acute SCI.</li> <li>2. Post-therapy hypocalcemia or hypophosphatemia occurred in 75% (p&lt;0.02) and 22% (p&lt;0.02) of participants, respectively.</li> <li>3. Single-dose pamidronate is associated with</li> </ol>                                  |

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|  |   | increased incidence of fever (78%) compared to 30 mg daily x 3 days dosing regimen (20%).  |
| <p> <a href="#">Bauman et al.</a><br/>           2009<br/>           USA<br/>           Case series<br/>           Level 4<br/>           N = 8         </p> | <p> <b>Population:</b> 8 men with chronic SCI; age: <math>34 \pm 7</math> years (range: 23–43); TPI: <math>12 \pm 8</math> years (range: 3–27); paraplegia (n=6), tetraplegia (n=2); low vitamin D (<math>25[\text{OH}]\text{D} \leq 20</math> ng/mL) and/or elevated serum PTH (<math>&gt;55</math> pg/mL).<br/> <b>Treatment:</b> Calcium gluconate bolus (0.025 mmol elemental calcium/kg) over 20 min followed by calcium gluconate infusion (0.025 mmol/kg/hr) for 6 hours.<br/> <b>Outcome measures:</b> Serum total calcium, creatinine, NTX, and PTH at baseline, 2, 4, and 6 hours post-infusion.         </p> | <ol style="list-style-type: none"> <li>At 2 hr time point, PTH dropped from <math>70 \pm 25</math> pg/mL to <math>18 \pm 12</math> pg/mL, and NTx dropped from <math>21 \pm 8</math> nM bone collagen equivalent (BCE) to <math>17 \pm 5</math> nM BCE.</li> <li>Calcium gluconate infusion reduced bone collagen catabolism during calcium infusion.</li> </ol> |

\* All data expressed as mean $\pm$ SD, unless expressed otherwise.