

Author Year; Country Score Research Design Sample Size	Methods	Outcome
<p>Matthews et al. 1997; Canada PEDro=7 RCT N=7</p>	<p>Population: Injury level: C4-C7; all injuries were complete; age range: 23-44 years; 3-21 years post-injury. Treatment: Randomized to: a) topical anesthetic or: b) placebo creams applied to the quadriceps muscles during graded FES exercise. Outcome Measures: heart rate, blood pressure, serum catecholamines.</p>	<p>1. No differences in HR, BP or catecholamine responses or FES force were seen between the two conditions.</p>