

### **Sexual Interest and Satisfaction Scale**

Adapted from Siosteen A et al. Sexual Ability, Activity, Attitudes and Satisfaction as Part of Adjustment in Spinal-Cord Injured Patients, Paraplegia, 28: 285-295, 1990; Table 1. Used with permission from Nature Publishing.

<b>Areas</b>	<b>Questions</b>	<b>Scale Points</b>	<b>Scale Score (0 - 3)</b>
1. Sexual desire	How is your sexual desire now compared to before injury?	Non-existent (0) Decreased (1) Unchanged (2) Increased (3)	
2. Importance of sexuality	How important is sexuality to you now compared to before injury?	Non-existent (0) Decreased (1) Unchanged (2) Increased (3)	
3. General satisfaction with sex life after injury	How is your relationship, most of the time, with your sexual partner after injury?	VAS scale*: 1- very dissatisfying 7- very satisfying	Reported score*: _____  Scale score: _____
4. General satisfaction after injury compared w/ before injury	How was your relationship, most of the time, with your sexual partner before injury?  Subtract the pre-injury VAS score from the VAS score (1-7) in item #3.	Post-injury minus pre-injury VAS score**=  Range: -6 to 6	Reported score**: _____  Scale score: _____
5. Perceived personal satisfaction	How are your possibilities and your ability to enjoy sexuality yourself?	Very dissatisfying (0) Rather dissatisfying (1) Rather satisfying (2) Very satisfying (3)	
6. Self-rated ability to give partner satisfaction	How are your possibilities and your ability to give your partner sexual fulfillment?	Very dissatisfying (0) Rather dissatisfying (1) Rather satisfying (2) Very satisfying (3)	

For items 3 and 4, the reported scores do not have a range of 0-3. Take the reported score and compare to the tables below to figure out the proper scaled score (0-3) for the composite score (0-18).

\* Rescaled to fit the composite score:

VAS score range:	Composite score (0-3):
1	0
1.1-3	1
3.1-5.5	2
>5.5	3

\*\*Rescaled to fit the composite score:

VAS difference score range:	Composite score (0-3):
<-2	0
-2 to -0.1	1
0	2
>0	3

Add up the points from each category together to get a final score from 0 – 18.

Sexual Interest and Satisfaction Scale Worksheet:

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Areas	Questions	Scale Points	Scale Score (0 - 3)
1. Sexual desire	How is your sexual desire now compared to before injury?	Non-existent (0) Decreased (1) Unchanged (2) Increased (3)	
2. Importance of sexuality	How important is sexuality to you now compared to before injury?	Non-existent (0) Decreased (1) Unchanged (2) Increased (3)	
3. General satisfaction with sex life after injury	How is your relationship, most of the time, with your sexual partner after injury?	VAS scale*: 1- very dissatisfying 7- very satisfying	Reported score*: _____  Scale score: _____
4. General satisfaction after injury compared w/ before injury	How was your relationship, most of the time, with your sexual partner before injury?  Subtract the pre-injury VAS score from the VAS score (1-7) in item #3.	Post-injury minus pre-injury VAS score**=  Range: -6 to 6	Reported score**: _____  Scale score: _____
5. Perceived personal satisfaction	How are your possibilities and your ability to enjoy sexuality yourself?	Very dissatisfying (0) Rather dissatisfying (1) Rather satisfying (2) Very satisfying (3)	
6. Self-rated ability to give partner sexual satisfaction	How are your possibilities and your ability to give your partner sexual fulfillment?	Very dissatisfying (0) Rather dissatisfying (1) Rather satisfying (2) Very satisfying (3)	

Sum (0-18): \_\_\_\_\_