

The Sexual Activity and Satisfaction Scale

Adapted from Kreuter M, Sullivan M and Siosteen A. Sexual Adjustment and Quality of Relationships in Spinal Paraplegia: A Controlled Study, Arch Phys Med Rehabil, 77:541-8, 1996; Appendix A. Used with permission from Elsevier Publishing.

Questions	Scale Point	Score
<i>Sexual activity:</i> How often do you and your partner engage in sexual activity, with or without intercourse?	From every day to never	8-1
<i>Sexual satisfaction:</i> Do you generally enjoy the sexual part of your relationship?	From very much to not at all	4-1
<i>Sexual satisfaction:</i> Are you, most of the time, satisfied with the quality of your sexual relationship?	From very much to not at all	4-1

Add up the points from each category to get a final score from 3-16

The Sexual Activity and Satisfaction Scale (SAS) Worksheet:

Patient name: _____

Date: _____

Questions	Scale Point	Score
<i>Sexual activity:</i> How often do you and your partner engage in sexual activity, with or without intercourse?	From every day to never 8 - 1	
<i>Sexual satisfaction:</i> Do you generally enjoy the sexual part of your relationship?	From very much to not at all 4 - 1	
<i>Sexual satisfaction:</i> Are you, most of the time, satisfied with the quality of your sexual relationship?	From very much to not at all 4 - 1	

Sum: _____