

Quadriplegia Index of Function-Short Form:

Adapted from Marino RJ and Goin JE, Development of a Short-Form Quadriplegia Index of Function Scale, Spinal Cord, 37: 289-296; 1999, Table 2. Used with permission from Nature Publishing.

The Quadriplegia Index of Function-Short Form consists of 6 items, all scored on a scale of 0-4. The clinician observes and evaluates the patient on each item.

Scoring:

- 4 = independent
- 3 = independent with devices
- 2 = supervision
- 1 = physical assistance
- 0 = dependent

6 items:

1. Wash/dry hair
2. Turn supine to side in bed
3. Put on lower body clothing
4. Open carton/jar (feeding)
5. Transfer from bed to chair
6. Lock wheelchair

QIF-SF Worksheet:

Patient Name: _____

Date: _____

Item:	Score (0-4):
Wash/dry hair	
Turn supine to side in bed	
Put on lower body clothing	
Open carton/jar (feeding)	
Transfer from bed to chair	
Lock wheelchair	

Total score: _____