

Fatigue Severity Scale (FSS):

Adapted from Krupp LB et al. The Fatigue Severity Scale: Application to Patients with Multiple Sclerosis and Systematic Lupus Erythematosus, Arch Neurol, Vol 46, 1121-1123, 1989; All of Table 2 and the caption.

Patients are instructed to choose a number for each of the following statements from 1 to 7 that indicates their degree of agreement with each statement where 1 indicates strongly disagree, and 7, strongly agree.

Patient name: _____

Date: _____

Statement	Score						
1. My motivation is lower when I am fatigued	1	2	3	4	5	6	7
2. Exercise brings on my fatigue	1	2	3	4	5	6	7
3. I am easily fatigued	1	2	3	4	5	6	7
4. Fatigue interferes with my physical functioning	1	2	3	4	5	6	7
5. Fatigue causes frequent problems for me	1	2	3	4	5	6	7
6. My fatigue prevents sustained physical functioning	1	2	3	4	5	6	7
7. Fatigue interferes with carrying out certain duties and responsibilities	1	2	3	4	5	6	7
8. Fatigue is among my three most disabling symptoms	1	2	3	4	5	6	7
9. Fatigue interferes with my work, family or social life.	1	2	3	4	5	6	7

Total score: _____