

Emotional Quality of the Relationship Scale

Adapted from Kreuter M, Sullivan M and Siosteen A. Sexual Adjustment and Quality of Relationships in Spinal Paraplegia: A Controlled Study, Arch Phys Med Rehabil, 77:541-8, 1996; Appendix B. Used with permission from Elsevier Publishing.

Questions	Scale Point	Score
<i>Affection:</i> How are your emotional feelings towards your partner?	From very great to very poor	4-1
<i>Communication:</i> Do you express your feelings of affection for your partner?	From very often to very seldom	4-1
<i>Satisfaction:</i> Are you satisfied with your partner's way of expressing his or her feelings of affection for you?	From very satisfied to very dissatisfied	4-1
<i>Satisfaction:</i> Have you considered divorce or separation?	From never to very often	4-1
<i>Problem Solving:</i> How is your ability to handle problems within the relationship?	From very satisfying to very dissatisfying	4-1
<i>Communication:</i> Can you and your partner communicate about sexual concerns?	From very easily to not at all	4-1
<i>Satisfaction:</i> Are you, most of the time, satisfied with your relationship as a whole?	From very much to not at all	4-1

Sum the points up to get a score from 7 – 28.

Emotional Quality of the Relationship Scale Worksheet:

Patient Name: _____

Date: _____

Questions	Scale Point	Score
<i>Affection:</i> How are your emotional feelings towards your partner?	From very great to very poor 4 - 1	
<i>Communication:</i> Do you express your feelings of affection for your partner?	From very often to very seldom 4 - 1	
<i>Satisfaction:</i> Are you satisfied with your partner's way of expressing his or her feelings of affection for you?	From very satisfied to very dissatisfied 4 - 1	
<i>Satisfaction:</i> Have you considered divorce or separation?	From never to very often 4 - 1	
<i>Problem Solving:</i> How is your ability to handle problems within the relationship?	From very satisfying to very dissatisfying 4 - 1	
<i>Communication:</i> Can you and your partner communicate about sexual concerns?	From very easily to not at all 4 - 1	
<i>Satisfaction:</i> Are you, most of the time, satisfied with your relationship as a whole?	From very much to not at all 4 - 1	

Sum: _____