

Life-Satisfaction Questionnaire-9 (LISAT-9)

Adapted from Fugl-Meyer AR, Branholm IB, and Fugl-Meyer KS, Happiness and domain-specific life satisfaction In adult northern Swedes, Clin Rehabil, 5: 25-33, 1991; Table 3. Used with permission from Sage Publishing.

Life-Satisfaction Questionnaire-9 (LISAT-9) Worksheet:

Patient Name: _____

Date: _____

How satisfactory are these different aspects of your life? Indicate the number which best suits your situation.

1 = very dissatisfying	4 = rather satisfying
2 = dissatisfying	5 = satisfying
3 = rather dissatisfying	6 = very satisfying

Score: (1-6)

Life as a whole is _____

My ability to manage my self-care (dressing, hygiene, transfers, etc.) is _____

My leisure situation is _____

My vocational situation is _____

My financial situation is _____

My sexual life is _____

My partnership relation is _____

My family life is _____

My contacts with friends and acquaintances are _____

Sum: _____

Life-Satisfaction Questionnaire -11 (LISAT-11)

Adapted from Fugl-Meyer AR, Branholm IB, and Fugl-Meyer KS, Life Satisfaction in 18- to 64-year old Swedes: In Relation to Gender, Age, Partner and Immigrant Status, J Rehabil Med, 34: 239-46, 2002; Appendix A. Used with permission from Taylor & Francis.

Life-Satisfaction Questionnaire-11 (LISAT-11) Worksheet:

Patient Name: _____ Date: _____

How satisfactory are these different aspects of your life? Indicate the number which best suits your situation for each of these statements.

1 = very dissatisfying	4 = rather satisfying
2 = dissatisfying	5 = satisfying
3 = rather dissatisfying	6 = very satisfying

Score: (1-6)

Life as a whole is _____

My vocational situation is _____

My financial situation is _____

My leisure situation is _____

My contacts with friends and acquaintances are _____

My sexual life is _____

My ability to manage my self-care (dressing, hygiene, transfers, etc.) is _____

My family life is have no family _____

My partnership relation is have no steady partner relationship _____

My physical health is _____

My psychological health is _____

Sum: _____