

Research Summary – SF-36 – Quality of Life

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
<p>Conti et al., 2019</p> <p>Validation cross-sectional study to assess the psychometric properties of the CBI-SCI</p> <p>Outpatient clinics of the Città della Salute e della Scienza Hospital of Turin, IRRCs Fondazione Santa Lucia of Rome, Cannizzaro Hospital of Catania and Careggi Hospital of Florence</p>	<p>N = 176 caregivers of people with SCI 30M, 146F Mean (SD) age 56.2 (14.6) years</p>	<p>Concurrent validity: All Pearson correlations between CBI-SCI and all SF-36 subscales were statistically significant ($p < 0.001$):</p> <ul style="list-style-type: none"> - SF-36 Subscale— Vitality: $r = -0.45$ - SF-36 Subscale— Physical functioning: $r = -0.35$ - SF-36 Subscale— Bodily pain: $r = -0.48$ - SF-36 Subscale— General health: $r = -0.50$ - SF-36 Subscale— 		

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		Physical role functioning: $r = -0.49$ - SF-36 Subscale— Emotional role functioning: $r = -0.45$ - SF-36 Subscale— Social role functioning: $r = -0.58$ - SF-36 Subscale— Mental health: $r = -0.52$		
Tramonti et al. 2014 Cross sectional Italy	N= 40 (12F, 28M) Age: 54.25 ± 12.96 Time since SCI (years): 8.27 ± 7.74 AIS A-C: 27 AIS D: 13	SF-36 physical functioning positively correlates with SCIM-III Spearman's $\rho = 0.72$ ($P < 0.01$, $1-\beta = 0.99$)		
van Leeuwen et al. 2012	145 subjects (104 male, 41 female) mean age: 45.4 ± 13.7	Divergent Validity – Spearman correlation	Internal consistency: Cronbach's α of the	Floor/ceiling effect: For the mental health domain of the SF-36

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<p>Cross-sectional study 5 years after discharge from inpatient rehabilitation</p> <p>Eight Dutch rehabilitation centres with specialized SCI units.</p>	<p>Incomplete paraplegia: 27 Complete paraplegia: 65 Incomplete tetraplegia: 16 Complete tetraplegia: 37</p>	<p>of MHI-5 subscale of the SF-36 with: Functional Independence Measure: $\rho=0.094$ (n.s.) Sickness Impact Profile mobility range: $\rho =-0.283$ ($P<0.01$) Type of injury: $\rho =-0.009$ (n.s.) Completeness of injury: $\rho =-0.008$ (n.s.) Cause of injury: $\rho =0.192$ ($P<0.05$)</p> <p>Concurrent Validity – Spearman correlation of SF-36 general health domain with (all $P<0.01$): LISAT-9: $\rho =0.531$ Neuroticism: $\rho = -0.546$ SF-vitality: $\rho = 0.528$ SF-general health: $\rho=0.367$</p>	<p>Mental Health subscale (MHI-5) was higher than 0.70 (0.79) and all item-rest correlation were above 0.30 (range 0.37–0.68).</p>	<p>(a.k.a. Mental Health Index – 5, MHI-5), no participants scored 0 and 4.8% of the participants scored 100, indicating no floor or ceiling effects.</p>

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<p>Ataoglu et al. 2013</p> <p>Cross sectional</p> <p>Inpatient rehab center</p>	<p>N= 140 (36F, 104M) Age: 36.2 ±13.5 Time since SCI (months): 25.2 ± 43.9 AIS A: 79 AIS B-E: 61</p>	<p>The following SF-36 Domains negatively correlate with BDI: General health: (r=-0.229, p=0.016) Vitality (r=-0.329, p=0.000) Social functioning (r=-0.283, p=0.003) Mental health (r=-0.247, p=0.010)</p>												
<p>Horner-Johnson et al. 2010</p> <p>Cross-sectional survey</p> <p>General community</p>	<p>206 participants (54 SCI, 36 no disability, 25 loss of vision, 23 loss of hearing, 68 mental health disability) – results reported separately for each group.</p> <p>For the 54 SCI participants: 20 women (37%) mean age: 46.31±10.7</p>	<p>In analyzing mean domain scores, people with SCI scored significantly lower than the nondisabled group on the Physical Functioning, Role-Physical, and Bodily Pain domains.</p> <p>Item-by-item differential item-functioning analyses showed significant negative differential item functioning in people with SCI on all</p>		<p>Interpretability: N=206 (54 SCI only, 34 male, mean age 46.31±10.7)</p> <table border="1" data-bbox="1537 998 1864 1382"> <thead> <tr> <th>SF-36 Subscales:</th> <th>Mean (SD) score:</th> </tr> </thead> <tbody> <tr> <td>Physical functioning</td> <td>23.68 (11.98)</td> </tr> <tr> <td>Role physical</td> <td>38.67 (11.55)</td> </tr> <tr> <td>Bodily pain</td> <td>42.40 (11.22)</td> </tr> <tr> <td>General health</td> <td>47.71 (8.97)</td> </tr> </tbody> </table>	SF-36 Subscales:	Mean (SD) score:	Physical functioning	23.68 (11.98)	Role physical	38.67 (11.55)	Bodily pain	42.40 (11.22)	General health	47.71 (8.97)
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		<p>10 physical functioning items. In contrast, all vitality items showed significant positive differential functioning for people with SCI when controlling for total physical health scores.</p> <p>Differential item functioning of SF-36 domain items controlling for physical Z score* and demographics: Physical functioning: -0.87 to -0.29 Role-physical: -0.15 to -0.02 & 0.03 to 0.19 Bodily Pain: 0.11 to 0.14 General Health: -0.03 to -0.05 & 0.18 to 0.24 Vitality: 0.23 to 0.48 *consisted of above 5 domains</p>		<table border="1"> <tr> <td>Vitality</td> <td>48.14 (11.74)</td> </tr> <tr> <td>Social functioning</td> <td>44.12 (11.85)</td> </tr> <tr> <td>Role emotional</td> <td>45.30 (11.41)</td> </tr> <tr> <td>Mental health</td> <td>50.27 (9.35)</td> </tr> </table>	Vitality	48.14 (11.74)	Social functioning	44.12 (11.85)	Role emotional	45.30 (11.41)	Mental health	50.27 (9.35)	
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		Differential item functioning of SF-36 domain items controlling for mental Z score* and demographics: Vitality: 0.03 & -0.06 to -0.19 Social functioning: -0.10 to -.013 Role-emotional: 0.05 to 0.07 & -0.08 Mental Health: 0.07 to 0.39 *consisted of above 4 domains		
Lee et al. 2009 SF-36 scores collected at baseline and on completion of a randomized controlled trial New South Wales, Australia	N=305, 83% male Mean age 44 Mean time since SCI onset: 14 years 100% had SCI and neurogenic bladder 55% with tetraplegia 49% with complete SCI		Internal consistency: Cronbach's α for Physical Function domain: 0.83	Responsiveness: Comparing paraplegic to tetraplegic patients using the SF-36: Effect Sizes: Physical Functioning domain: 1.09 Physical Component Summary: 0.36

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				<p>Mental Component Summary: -0.16</p> <p>SRM (mean change, s.d.) for paraplegia patients: Physical Functioning domain: 0.77 (9.26,12.07) Physical Component Summary: 0.62 (5.52, 8.98) Mental Component Summary: 0.87 (10.25, 11.83)</p> <p>SRM (mean change, s.d.) for tetraplegia patients: Physical Functioning domain: 0.11 (1.62, 14.34) Physical Component Summary: 0.55 (4.76, 8.67)</p>

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				<p>Mental Component Summary: 0.62 (9.21, 14.97)</p> <p>Overall SRM (mean change, s.d.):</p> <p>Physical Functioning domain: 0.36 (5.00, 13.87)</p> <p>Physical Component Summary: 0.58 (5.10, 8.78)</p> <p>Mental Component Summary: 0.71 (9.67, 13.67)</p> <p>Floor/ceiling effect:</p> <p>Floor effect in physical functioning domain:</p> <p style="padding-left: 40px;">Patients who chose rating of 1 for all of domain items (3a-3j): 29%</p> <p style="padding-left: 40px;">Individual items:</p>

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				Walking more than a mile (3g): 96% Walking several hundred yards (3h): 94% Walking one hundred yards (3i): 93%
<p>Anton et al. 2008</p> <p>2-week methodologic study to assess the internal consistency, reliability and construct validity of the FSS.</p> <p>A tertiary spinal cord rehab facility in Vancouver, Canada.</p>	<p>N=48 Male=31 Female=17 Mean age=40.4 Mean time since injury=14.9 years Major cause of injury=motor vehicle collision=27</p> <p>Motor complete SCI=48 Tetraplegia=26 AIS grade A injuries=30</p>	<p>Pearson correlation Correlation between SF-36 and the Fatigue Severity Scale which measures different constructs from the SF-36: r=-0.48</p>		

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<p>Lin et al. 2007</p> <p>Cross-sectional</p> <p>Subjects from a Taiwan nationwide SCI registry</p>	<p>N=187 (151 men) Mean Age = 50.3 years Mean time since injury = 7.4 years 48 incomplete tetraplegia 28 complete tetraplegia 73 incomplete paraplegia 38 complete paraplegia</p>	<p>Correlation between SF-36 and the WHOQOL-BREF: The rho of the conceptually related domains between the WHOQOL-BREF and the SF-36 (overall QoL & general health-general health; Physical Capacity-Physical Functioning/Role physical/bodily pain; Psychological well-being-social functioning/role emotional/mental health; social relationships-social functioning) are higher than 0.4, with the exception of the WHOQOL-BREF's Psychological Well-Being and the SF-36's Role Emotional (rho = 0.37)</p>	<p>Internal consistency: Physical Functioning: $\alpha = 0.98$ Role Physical: $\alpha = 0.94$ Bodily Pain: $\alpha = 0.79$ General Health: $\alpha = 0.82$ Vitality: $\alpha = 0.76$ Social Functioning: $\alpha = 0.72$ Role Emotional: $\alpha = 0.89$ Mental Health: $\alpha = 0.78$</p> <p>Good internal consistency.</p> <p>Test-retest, inter-rater, intra-rater: 10 subjects were contacted for re-assessment by same initial interviewer within 2 weeks.</p>	<p>Responsiveness: Stratified random sample by current employment status of 30 subjects, selected from those who had been employed before the SCI, were interviewed for a second time to recall their health related QoL at the time of the injury.</p> <p>Effect Sizes comparing employed to unemployed SCI patients using SF-36 domains: Physical Functioning: 0.92 Role Physical: 0.60 Bodily Pain: 0.01 General Health: 0.00 Vitality: 0.16 Social Functioning: 0.30</p>

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		<p>All P-values<.0001</p> <p>The ability of the SF-36 to discriminate among subgroups with respect to age, education, marital status, employment, time since injury, level of injury, and self-care ability was tested using the Mann-Whitney U-test. Overall, the SF-36 domains* significantly discriminated between subgroups in terms of 2 characteristics**.</p> <p>*Physical Functioning, Role Physical, Bodily Pain, General Health, Vitality, Social Functioning, Role Emotional, Mental Health</p>	<p>Test-retest (intra-rater) reliability:</p> <p>Physical Functioning: ICC= 0.71</p> <p>Role Physical: ICC= 0.89</p> <p>Bodily Pain: ICC= 0.87</p> <p>General Health: ICC= 0.85</p> <p>Vitality: ICC= 0.93</p> <p>Social Functioning: ICC= 0.93</p> <p>Role Emotional: ICC= 0.99</p> <p>Mental Health: ICC= 0.77</p> <p>10 subjects were contacted for re-assessment by different initial interviewer within 2 weeks.</p>	<p>Role Emotional: 0.21</p> <p>Mental Health: 0.44</p> <p>Floor/ceiling effect:</p> <p>Floor Effect: number of items in domain & percentage of patients achieving minimal score:</p> <p>Physical Functioning: 10 (12.2%)</p> <p>Role Physical: 4 (28.1%)</p> <p>Bodily Pain: 2 (0.9%)</p> <p>General Health: 5 (0.9%)</p> <p>Vitality: 4 (0.4%)</p> <p>Social Functioning: 2 (2.2%)</p> <p>Role Emotional: 3 (20.1%)</p> <p>Mental Health: 5 (0.4%)</p> <p>Ceiling Effect: number of items in domain &</p>

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		<p>**Employment status, self-care ability (all domains $P \leq 0.05$)</p>	<p>Test-retest (inter-rater) reliability: Physical Functioning: ICC= 0.67 Role Physical: ICC= 0.90 Bodily Pain: ICC= 0.70 General Health: ICC= 0.41 Vitality: ICC= 0.86 Social Functioning: ICC= 0.52 Role Emotional: ICC= 0.98 Mental Health: ICC= 0.57</p>	<p>percentage of patients achieving maximal score: Physical Functioning: 10 (29.7%) Role Physical: 4 (54.4%) Bodily Pain: 2 (0.9%) General Health: 5 (0.4%) Vitality: 4 (0.4%) Social Functioning: 2 (10.9%) Role Emotional: 3 (63.8%) Mental Health: 5 (0.4%)</p> <p>Interpretability: SF-36 scores, and clinically relevant values (SEM and MDC calculated from data in Lin et al. 2007): N=187, 330 male, mean age 50.3</p>

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<p>Miller et al. 2008</p> <p>Methodological 2 week re-test study</p> <p>Tertiary care centre in Vancouver, BC</p>	<p>N = 47 individuals, Male = 30 Female = 17</p> <p>Mean age = 40.6</p> <p>Subject 19 years and older who had their SCI for 1 or more years.</p> <p>AIS A = 29 AIS B = 18</p>	<p>Pearson's correlation</p> <p>Correlation between SF-36 and the Centre for Epidemiologic Studies Depression Scale (CESD-20) which measures a different construct (with some overlap) than the SF- 36:</p> <p>Mental Health: r=0.75* Emotional role function: r=0.55*</p>																																						

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		<p>Vitality: $r=0.54^*$ Pain: $r=0.27^*$ Social role function: $r=0.37^*$ Physical function: $r=0.34^*$ Physical role function: $r=0.40^*$ General health: $r=0.57^*$</p> <p>Pearson's correlation Correlation between SF-36 and the Centre for Epidemiologic Studies Depression Scale – 10 (CESD-10) which measures a different construct (with some overlap) than the SF-36: Mental Health: $r=0.71^*$ Emotional role function: $r=0.56^*$ Vitality: $r=0.60^*$ Pain: $r=0.38^*$</p>		

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		Social role function: $r=0.42^*$ Physical function: $r=0.37^*$ Physical role function: $r=0.49^*$ General health: $r=0.60^*$ * $P<.05$ was considered significant		
Raichle et al. 2006 Cross-sectional US Northwest home survey questionnaire	N = 127 Male = 92 Female = 35 Age range = 21 to 88 High tetraplegia = 18 Low tetraplegia = 40 High paraplegia = 14 Paraplegia = 42 Low paraplegia = 11 Missing data = 2	SF-36's Psychological functioning domain correlation (Spearman's rho) with the Graded Chronic Pain (GCP) Disability Scale: GCP composite score = -0.55^* Individual items: Daily activities = -0.51^* Work and housework = -0.48^*		

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		<p>Recreation, social and family activities = - 0.57*</p> <p>*P<0.01</p> <p>All coefficients were significant and positively associated with GCP.</p> <p>SF-36's Psychological functioning scale correlation (Spearman's rho) with the Brief Pain Inventory (BPI) Interference Scale:</p> <p>BPI 7-item version = - 0.62*</p> <p>BPI 10-item version = - 0.60*</p> <p>BPI 12-item version = - 0.61*</p> <p>Individual items:</p>		

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		General activity = -0.51* Mood = -0.65* Mobility = -0.44* Normal work = -0.48* Relationship with others = -0.63* Sleep = -0.30* Enjoyment of life = -0.64* Self-care = -0.41* Recreational activities = -0.49* Social activities = -0.58* Communication = -0.64* Learning new information and skills = -0.44* *P<0.01 All coefficients are significant and		

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<p data-bbox="212 797 443 862">Forchheimer et al. 2004</p> <p data-bbox="212 915 443 943">Cross-sectional</p> <p data-bbox="212 997 443 1094">Major university hospital in the Midwest</p>	<p data-bbox="474 496 810 602">N=215 (78.5% men) Mean age=38.8 ± 14.5 years</p> <p data-bbox="474 656 810 721">SCI participants were 1 to 13 years post injury</p>	<p data-bbox="835 496 1171 773">The Physical Component Score (PCS) and Mental Component Score (MCS) were not related to each other, as expected, with Pearson's r = -0.075.</p>	<p data-bbox="1197 496 1512 813">Internal consistency: Average level: $\alpha=0.82$ Range: $\alpha = 0.76$ (Bodily Pain scale) to 0.90 (Physical Functioning and General Health scales)</p>	<p data-bbox="1537 496 1852 708">Interpretability: SF-36 norm-based scale and component scores N=215, 78.5% male, mean age 38.8±14.5</p> <table border="1" data-bbox="1537 716 1852 1404"> <thead> <tr> <th data-bbox="1547 724 1736 821">SF-36 Subscales:</th> <th data-bbox="1747 724 1852 821">Mean (SD) score:</th> </tr> </thead> <tbody> <tr> <td data-bbox="1547 829 1736 894">Physical functioning</td> <td data-bbox="1747 829 1852 894">26.6 (11.5)</td> </tr> <tr> <td data-bbox="1547 902 1736 967">Role physical</td> <td data-bbox="1747 902 1852 967">40.7 (10.9)</td> </tr> <tr> <td data-bbox="1547 976 1736 1040">Bodily pain</td> <td data-bbox="1747 976 1852 1040">42.2 (12.4)</td> </tr> <tr> <td data-bbox="1547 1049 1736 1114">General health</td> <td data-bbox="1747 1049 1852 1114">44.4 (11.8)</td> </tr> <tr> <td data-bbox="1547 1122 1736 1187">Vitality</td> <td data-bbox="1747 1122 1852 1187">46.8 (9.6)</td> </tr> <tr> <td data-bbox="1547 1195 1736 1260">Social functioning</td> <td data-bbox="1747 1195 1852 1260">43.0 (13.3)</td> </tr> <tr> <td data-bbox="1547 1268 1736 1333">Role emotional</td> <td data-bbox="1747 1268 1852 1333">49.0 (10.6)</td> </tr> <tr> <td data-bbox="1547 1341 1736 1406">Mental health</td> <td data-bbox="1747 1341 1852 1406">48.3 (11.0)</td> </tr> </tbody> </table>	SF-36 Subscales:	Mean (SD) score:	Physical functioning	26.6 (11.5)	Role physical	40.7 (10.9)	Bodily pain	42.2 (12.4)	General health	44.4 (11.8)	Vitality	46.8 (9.6)	Social functioning	43.0 (13.3)	Role emotional	49.0 (10.6)	Mental health	48.3 (11.0)
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				Physical component summary	33.5 (10.1)
<p>King & Roberts 2002</p> <p>Cross-sectional (sampled over 1 year)</p> <p>Veterans Administration Neurosurgery Clinic</p>	<p>N=88 Mean age: 56.8±11.2, range 29-84 88% men</p> <p>36% had previous cervical spinal surgery.</p>	<p>Cuzick nonparametric test for significance of trend:</p> <p>SF-36 Physical Functioning was correlated to: Nurick Scale (p<0.001) Harsh Scale (p<0.001) Cooper Leg Subscale (p<0.001) SF-36 PCS was correlated to: Nurick Scale (p<0.001) Harsh Scale (p<0.001) Modified Japanese Orthopaedic</p>	<p>Internal consistency: Cronbach's $\alpha > 0.7$ for all 8 domain scales, the physical component summary (PCS), and the mental component summary (MCS):</p> <p>Domains scales: $\alpha=0.79$ (general health) to 0.91 (physical functioning) PCS: $\alpha= 0.92$ MCS: $\alpha= 0.92$</p>	<p>Floor/ceiling effect: Percentage of patients achieving minimal score: All 8 domains: 0% Physical component summary (PCS): 13.7% Mental component summary (MCS): 14.9% Percentage of patients achieving maximal score: 7 of 8 domains: 100% Vitality domain: 80%</p>	

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		Association (JOA) Scale – Leg Motor Component was correlated to: SF-36 Physical Functioning, Role Functioning (Physical), General Health Perceptions, PCS (p≤0.006) SF-36 Social Functioning (p<0.001)		Physical component summary (PCS): 50.7% Mental component summary (MCS): 72.5% Interpretability: N=88, 88% male, mean age 56.8±11.2 <table border="1" data-bbox="1537 789 1856 1409"> <thead> <tr> <th data-bbox="1537 789 1730 886">SF-36 Subscales:</th> <th data-bbox="1734 789 1856 886">Mean (SD) score:</th> </tr> </thead> <tbody> <tr> <td data-bbox="1537 889 1730 954">Physical functioning</td> <td data-bbox="1734 889 1856 954">31.9 (234.6)</td> </tr> <tr> <td data-bbox="1537 958 1730 1023">Role physical</td> <td data-bbox="1734 958 1856 1023">14.8 (27.5)</td> </tr> <tr> <td data-bbox="1537 1026 1730 1091">Bodily pain</td> <td data-bbox="1734 1026 1856 1091">29.4 (22.1)</td> </tr> <tr> <td data-bbox="1537 1094 1730 1159">General health</td> <td data-bbox="1734 1094 1856 1159">40.0 (21.2)</td> </tr> <tr> <td data-bbox="1537 1162 1730 1227">Vitality</td> <td data-bbox="1734 1162 1856 1227">30.3 (20.2)</td> </tr> <tr> <td data-bbox="1537 1230 1730 1295">Social functioning</td> <td data-bbox="1734 1230 1856 1295">42.8 (25.8)</td> </tr> <tr> <td data-bbox="1537 1299 1730 1364">Role emotional</td> <td data-bbox="1734 1299 1856 1364">38.6 (41.9)</td> </tr> <tr> <td data-bbox="1537 1367 1730 1409">Mental health</td> <td data-bbox="1734 1367 1856 1409">54.9 (24.7)</td> </tr> </tbody> </table>	SF-36 Subscales:	Mean (SD) score:	Physical functioning	31.9 (234.6)	Role physical	14.8 (27.5)	Bodily pain	29.4 (22.1)	General health	40.0 (21.2)	Vitality	30.3 (20.2)	Social functioning	42.8 (25.8)	Role emotional	38.6 (41.9)	Mental health	54.9 (24.7)
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Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability	
				Physical component summary	27.8 (8.3)
				Mental component summary	40.5 (12.9)
<p>Andresen et al. 1999</p> <p>Cross-sectional</p> <p>Midwestern US veteran SCI program</p>	<p>Subjects were selected randomly from 454 patients at a regional veterans' SCI program. 183 veterans with SCI; ranging in age from 21-81 years were used. (mean=50.5)</p> <p>Level of Injury: Cervical – 86 Thoracic – 78 Lumbar - 8</p>	<p>Correlations (Pearson's r) between: BRFSS Question "poor physical health days" and: 8 SF-36 subscales: r = -0.220 - -0.685 (P<0.01) SF-36 physical component summary (PCS): r = -0.458 (P<0.01) SF-36 mental component summary (MCS): r = -0.600 (P<0.01) BRFSS Question "poor mental health days" and: 8 SF-36 subscales: r = -0.331 - -0.686 (P<0.01) for 7 domains,</p>		<p>Responsiveness: Problems with scaling with extremes with 20% of subjects or more received maximum (ceiling) or minimum (floor) values. 3 subscales (role physical, social functioning, role emotion) exhibited ceiling effects between 22.5 and 75.3% 2 subscales (physical functioning and role physical) exhibited floor effects 24.2% and 36.3%, respectively.</p>	

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability																						
		<p>-0.167 (P<0.05) for Physical Function PCS: r = -0.234 (P<0.01) MCS: r = -0.681 (P<0.01) BRFSS Question “good days” and: 8 SF-36 subscales: r = 0.226 - 0.677 (P<0.01) PCS: r = 0.443 (P<0.01) MCS: r = 0.650 (P<0.01) BRFSS Question “pain limited activity days” and: 8 SF-36 subscales: r = -0.409 - -0.622 (P<0.01) for 7 domains, -0.167 (P>0.05) for Physical Function PCS: r = -0.354 (P<0.01) MCS: r = -0.639 (P<0.01)</p>		<p>Interpretability: N=183, mean age 50.5, 82 self-reported quadriplegia</p> <table border="1" data-bbox="1537 558 1869 1425"> <thead> <tr> <th data-bbox="1537 558 1745 662">SF-36 Subscales:</th> <th data-bbox="1749 558 1869 662">Mean (SD) score:</th> </tr> </thead> <tbody> <tr> <td data-bbox="1537 665 1745 732">Physical functioning</td> <td data-bbox="1749 665 1869 732">21.2 (25.14)</td> </tr> <tr> <td data-bbox="1537 735 1745 802">Role physical</td> <td data-bbox="1749 735 1869 802">41.5 (40.14)</td> </tr> <tr> <td data-bbox="1537 805 1745 872">Bodily pain</td> <td data-bbox="1749 805 1869 872">49.4 (31.41)</td> </tr> <tr> <td data-bbox="1537 875 1745 941">General health</td> <td data-bbox="1749 875 1869 941">55.2 (26.11)</td> </tr> <tr> <td data-bbox="1537 945 1745 1011">Vitality</td> <td data-bbox="1749 945 1869 1011">52.9 (25.19)</td> </tr> <tr> <td data-bbox="1537 1015 1745 1081">Social functioning</td> <td data-bbox="1749 1015 1869 1081">66.9 (32.20)</td> </tr> <tr> <td data-bbox="1537 1084 1745 1151">Role emotional</td> <td data-bbox="1749 1084 1869 1151">81.5 (34.95)</td> </tr> <tr> <td data-bbox="1537 1154 1745 1221">Mental health</td> <td data-bbox="1749 1154 1869 1221">73.6 (22.00)</td> </tr> <tr> <td data-bbox="1537 1224 1745 1320">Physical component summary</td> <td data-bbox="1749 1224 1869 1320">28.7 (10.26)</td> </tr> <tr> <td data-bbox="1537 1323 1745 1419">Mental component summary</td> <td data-bbox="1749 1323 1869 1419">55.9 (12.36)</td> </tr> </tbody> </table>	SF-36 Subscales:	Mean (SD) score:	Physical functioning	21.2 (25.14)	Role physical	41.5 (40.14)	Bodily pain	49.4 (31.41)	General health	55.2 (26.11)	Vitality	52.9 (25.19)	Social functioning	66.9 (32.20)	Role emotional	81.5 (34.95)	Mental health	73.6 (22.00)	Physical component summary	28.7 (10.26)	Mental component summary	55.9 (12.36)
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Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability	
		<p>BRFSS Question “sad, blue, depressed” and: 8 SF-36 subscales: r = -0.210 - -0.795 (P<0.01) PCS: r = -0.458 (P<0.01) MCS: r = -0.600 (P<0.01)</p> <p>BRFSS Question “days worried, tense anxious” and: 8 SF-36 subscales: r = -0.371 - -0.720 (P<0.01) for 7 domains, -0.190 (P<0.05) for Physical Function PCS: r = -0.239 (P<0.01) MCS: r = -0.734 (P<0.01)</p> <p>BRFSS Question “days without enough sleep” and: 8 SF-36 subscales: r = -0.290 - -0.446</p>		SF-12 Physical health summary	34.5 (8.31)
				SF-12 Mental health summary	49.4 (12.63)

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
		<p>($P < 0.01$) for 6 domains, -0.088 - -0.219 ($P > 0.05$) for 2 domains PCS: $r = -0.217$ ($P < 0.01$) MCS: $r = -0.427$ ($P < 0.01$) BRFSS Question “days full of energy” and: 8 SF-36 subscales: $r = 0.266 - 0.789$ ($P < 0.01$) PCS: $r = 0.489$ ($P < 0.01$) MCS: $r = 0.610$ ($P < 0.01$) Quality of Well-Being scale (QWB) and SF-36: 5 of 8 SF-36 subscales $r = 0.251$ to 0.29 ($P < .01$), vitality $r = 0.164$ ($P < .05$) SF-36 role emotional and mental health subscales not significantly correlated</p>		

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
		<p>MCS $r=0.116$ ($P<.05$) PCS $r=0.417$ ($P<.01$) Lawton's Instrumental Activities of Daily Living (IADL) and SF-36: 7 of 8 SF-36 subscales $r=-0.454$ to - 0.201 ($P<.01$), bodily pain $r=-0.159$ ($P<.05$) MCS $r=-0.262$ ($P<.01$) PCS $r=-0.357$ ($P<.01$)</p>		

Research Summary – SF-36 – Quality of Life – Cross-cultural Validation Studies

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
<p>Ferfeli et al. 2024</p> <p>Observational study to adapt the Modified Barthel Index (MBI) for use in Greece and measure its reliability and validity on a Greek neuro-rehabilitation population</p> <p>KAT Hospital Rehabilitation Clinic and National Rehabilitation Centre in Athens, Greece</p>	<p>100 neuro-rehabilitation patients (in and out-patients) (50 with stroke and 50 with SCI) Mean (SD) age 60.3 (15.3) years</p> <p>N = 50 participants with SCI 41M, 9F ASIA A (n = 9), B (n = 5), C (n = 13), D (n = 23)</p>	<p>Convergent or criterion validity: High correlation was observed between the SF-36 physical functioning subscale score with MBI Factor 1 (r=0.522, P<0.001), MBI Factor 2 (r=0.590, P<0.001), MBI Total score (r=0.580, P<0.001), and MBI Total SCI (0.574, P<0.001).</p>		
<p>Marquez et al. 2022</p>	<p>N = 65 (convenience sample from 3</p>	<p>Concurrent validity: MSES-IT total score</p>		

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
<p>Psychometric and transverse study to evaluate the psychometric properties of the Italian version of the MSES</p> <p>Two Italian Spinal Units</p>	<p>rehabilitation centers) 41M, 24W Mean (SD) age 55.4 (14.3) years Injury level: Not answered (n = 11), C3-C7 (n = 1), C6-C7 (n = 5), C7-T11 (n = 1), T2-T4 (n = 7), T4-T6 (n = 7), T7-T10 (n = 18), T12 (n = 9), T12-L1 (n = 1), L1-S1 (n = 5) AIS A (n = 17), AIS B (n = 41), AIS C (n = 3), AIS D (n = 4) Paraplegia (n=51), tetraplegia (n=7), not answered (n=7). Mean (SD) time since injury 26 (20.3) years</p>	<p>and subscales showed a moderate correlation ($0.30 < \rho < 0.44$) with the following components of SF-36: Role limitations physical health; Role limitations emotional problems; Emotional well-being; General health.</p>		
<p>Vasilchenko et al. 2022</p> <p>Psychometric study to conduct a cross-cultural adaptation of</p>	<p>N = 304 (inpatient admissions for surgery or rehabilitation) 247M, 57F Mean (SD) age 38 (11.3) years Mean (SD) time since injury 7.2 (7.1) years Paraplegia (n = 158),</p>	<p>The WORQ-R score showed a moderate negative correlation with SF-36 ($0.561, p < 0.001$) meaning individuals with higher work functioning had the</p>		

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
<p>the Russian version Work Rehabilitation Questionnaire (WORQ) and test its psychometric properties in a sample of SCI</p> <p>Inpatient setting of the Department of Neurosurgery of the Federal Centre of Disability Rehabilitation of Novokuznetsk, Russia</p>	<p>tetraplegia (n = 146) AIS A (n = 95), AIS B (n = 83), AIS C (n = 79), AIS D (n = 47)</p>	<p>higher health-related quality of life.</p>		
<p>Golhasani-Keshtan et al. 2013</p> <p>Cross-sectional validation of</p>	<p>N=52, 52M OF Mean age 49.3, SD=7.9, 38~80</p>	<p>Pearson’s correlations: CHART Mobility & SF36 Role Physical: 0.322, p=0.020 CHART Cognitive Independence & SF36 Physical Component</p>		

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
<p>Persian Version of CHART</p> <p>Janbazan Clinic of Mashhad, northeast of Iran</p>		<p>Summary: 0.276, p=0.047 CHART Social Integration & SF36 Vitality: -0.429, p=0.002 CHART Social Integration & SF36 Social Functioning: 0.287, p=0.039</p>		