

**Research Summary – Needs Assessment Checklist (NAC) – Self Care and Daily Living**

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
<p><a href="#">Kennedy et al.</a> 2012</p> <p>Psychometric study</p> <p>National Spinal Injuries Centre, UK</p>	<p>N=193 143M, 50F Mean age: 46.6 years Tetraplegia: 30 complete, 56 incomplete; paraplegia: 41 complete, 36 incomplete; missing information: 30 patients</p>		<p><b>Internal consistency:</b> Cronbach's <math>\alpha</math>:</p> <ul style="list-style-type: none"> <li>- Overall: 0.889</li> <li>- All subscales: &gt; 0.7</li> </ul>	
<p><a href="#">Berry &amp; Kennedy</a> 2002</p> <p>Consecutive series, psychometric validation study</p> <p>Tertiary care, spinal cord injury centre (National Spinal Injuries Centre), Stoke</p>	<p>N=43, 38M/5F Mean age 42.19 (14.6) years 13.9% complete tetraplegia 37.2% incomplete tetraplegia 23.3% complete paraplegia 25.6% complete paraplegia Mean time btwn SCI and:</p>	<p>Pearson's r (P&lt;0.01):</p> <ul style="list-style-type: none"> <li>- NAC ADL with: <ul style="list-style-type: none"> <li>o SCIM self-care: 0.850</li> <li>o SCIM total: 0.873</li> </ul> </li> <li>- NAC Bladder &amp; Bowl Mgmt with: <ul style="list-style-type: none"> <li>o SCIM Respiration &amp; Sphincter Mgmt: 0.681</li> </ul> </li> </ul>	<p><b>Internal consistency:</b> Cronbach's <math>\alpha</math>:</p> <ul style="list-style-type: none"> <li>- Overall: 0.8587</li> <li>- Activities of Daily Living: 0.9697</li> <li>- Skin Mgmt: 0.8830</li> <li>- Bladder Mgmt: 0.8356</li> <li>- Bowel Mgmt: 0.8097</li> <li>- Mobility: 0.8729</li> </ul>	

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Mandeville Hospital, UK	<ul style="list-style-type: none"> <li>- 1<sup>st</sup> NAC assessment: 17.5 (13.2) weeks</li> <li>- 2<sup>nd</sup> NAC assessment: 38.6 (31.3) weeks</li> </ul>	<ul style="list-style-type: none"> <li>o SCIM total: 0.754</li> <li>- NAC Mobility with:                             <ul style="list-style-type: none"> <li>o SCIM Mobility: 0.691</li> <li>o SCIM total: 0.696</li> </ul> </li> <li>- NAC Psychological Issues (Mood subsection) with:                             <ul style="list-style-type: none"> <li>o HADS Anxiety: - 0.709</li> <li>o HADS Depression : -0.633</li> <li>o HADS total: -0.726</li> </ul> </li> <li>- NAC Psychological Issues (Full subscale) with:</li> </ul>	<ul style="list-style-type: none"> <li>- Wheelchair &amp; Equipment: 0.9527</li> <li>- Community Preparation: 0.7805</li> <li>- Discharge Coordination: 0.9251</li> <li>- Psychological Issues: 0.7347</li> </ul> <p><b>Test-retest, inter-rater, intra-rater:</b> Test-retest Pearson's r:</p> <ul style="list-style-type: none"> <li>- Subscales mean = 0.8238</li> <li>- Subscales: 0.694-0.904 (P≤0.01)</li> <li>- Mean Interval = 7.2 (2.88) days</li> </ul>	

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		<ul style="list-style-type: none"> <li>○ HADS Anxiety: -0.501</li> <li>○ HADS Depression : -0.466</li> <li>○ HADS total: -0.523</li> </ul> <p>*SCIM-II used</p>		
<p><a href="#">Kennedy et al.</a> 2003</p> <p>Case series, consecutive sample, survey</p> <p>Tertiary care, spinal cord injury unit (National Spinal Injuries Centre), Stoke Mandeville Hospital</p>	<p>N=192, 147M/45F Mean age 40.7(16.5) 152 between 16-54 (older group), 40 between 55-85 (younger group) Male in 78% of older group &amp; 76% of younger group Tetraplegia in 54% of older group &amp; 42% of younger group Incomplete SCI in in 65% of older group &amp; 39% of younger group</p>		<p><b>Internal consistency:</b> Cronbach's <math>\alpha</math>:</p> <ul style="list-style-type: none"> <li>- Overall: 0.83</li> <li>- Activities of Daily Living: 0.9467</li> <li>- Skin Mgmt: 0.8478</li> <li>- Bladder Mgmt: 0.7753</li> <li>- Bowel Mgmt: 0.8741</li> <li>- Mobility: 0.8358</li> <li>- Wheelchair &amp; Equipment: 0.9239</li> </ul>	

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			<ul style="list-style-type: none"><li>- Community Preparation: 0.7146</li><li>- Discharge Coordination: 0.8855</li><li>- Psychological Issues: 0.6729</li></ul>	