Research Summary – General Health Questionnaire (GHQ-28) – Mental Health

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
[Griffiths et al.](#) 1993 West Midlands Spinal Unit	N=60 (77% males) Median age = 33.8 (interquartile range (IQR) 27-47) years Median duration of paralysis = 7 (IQR: 4-15) years Median age at paralysis = 23 (IQR: 19-35) years	GHQ-28 & Clinical Interview Scale (CIS) r =0.83 (95 CI: 0.70-0.93) Optimum discrimination occurred near GHQ 3/4 (0011 scoring scheme) giving a specificity of 0.82, sensitivity of 0.81 and a misclassification rate of 18%.	**Internal Consistency:** Cronbach's α = 0.82	