

Table 1 Component Activity Categories and Relative Weights of Each in the Quadriplegia Index of Function (QIF)

Category	Component Activities (Each scored separately)	Relative Weights of Category (per cent)
I. Transfers	1. Bed-Chair 2. Chair-Bed 3. Chair-Toilet/Commode 4. Toilet/Commode-Chair 5. Chair-Vehicle 6. Vehicle-Chair 7. Chair-Shower/Tub 8. Shower/Tub-Chair	8
II. Grooming	1. Brushing teeth/managing dentures 2. Brushing/Combing hair 3. Shaving (men) 4. Managing tampon (women)	6
III. Bathing	1. Wash/Dry upper body 2. Wash/Dry lower body 3. Wash/Dry feet 4. Wash/Dry hair	4
IV. Feeding	1. Drink from cup/glass 2. Use spoon/fork 3. Cut food (meat) 4. Pour liquids out 5. Open carton/jar 6. Apply spreads to bread 7. Prepare simple meals 8. Apply adaptive equipment	12
V. Dressing	1. Upper indoor clothes on/off 2. Lower indoor clothes on/off 3. Upper outdoor (heavy) clothes on/off 4. Socks on/off 5. Shoes on/off 6. Fasteners	10
VI. Wheelchair Mobility	1. Turn corners 2. Reverse direction 3. Lock wheelchair brakes 4. Propel wheelchair on rough/uneven surface 5. Propel wheelchair on an incline 6. Move and position in chair 7. Maintain sitting balance	14
VII. Bed Activities	1. Supine—prone 2. Supine to long sitting 3. Supine—side 4. Side—Side 5. Maintain long sitting balance	10
VIII. Bladder Programme	Separate sets of scoring criteria for: A. Voluntary voiding 1. Toilet 2. Commode B. Intermittent catheterization programme C. Autonomic bladder programme D. Indwelling catheter E. Ileal diversion F. Cr��d��	14

IX. Bowel Programme	Separate sets of scoring criteria for:	12
	A. Complete control	
	1. Toilet	
	2. Commode	
	B. Suppository	
	1. Toilet	
	2. Commode/Bed/Chux pad	
	C. Digital disimpaction	
	1. Toilet disimpaction	
	2. Commode/Bed disimpaction	
	D. Digital or mechanical stimulation	
	1. Toilet	
	2. Commode/Bed	
X. Understanding personal care	1. Skin care	10
	2. Diet/Nutrition	
	3. Medications	
	4. Equipment	
	5. Range of motion	
	6. Autonomic dysreflexia	
	7. Upper respiratory infection	
	8. Urinary tract infection	
	9. Deep vein thrombosis	
	10. Obtaining human services	

From Gresham GE. The quadriplegia index of function (QIF): sensitivity and reliability demonstrated in a study of thirty quadriplegic patients. Spinal Cord. 1986; 24:38-44
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