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| Sense of Well-Being Inventory (SWBI) |
| **Assessment Overview** |
| Assessment Area

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| **ICF Domain:**Activity and Participation**Subscales:**Major life areas |

 | Summary

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| The Sense of Well-Being Inventory (SWBI) was originally developed to assess quality of life for vocational rehabilitation clients. It was later validated and refined by Chapin et al. 2004 in a population with SCI, and again by Catalano et al. 2010. The latest version has 20 items and four subscales. Older versions contain 36 or 26 items, with an additional subscale regarding medical care. |

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| You Will Need

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| **Length:** 15 minutes, 20 items**Scoring:**Items rated 1-4. Overall score is the mean of all item scores. |

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| Availability

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| **Worksheet:** Can be found in the following [article](https://www.cambridge.org/core/journals/australian-journal-of-rehabilitation-counselling/article/abs/sense-of-wellbeing-inventory-as-a-quality-of-life-measure-for-people-with-spinal-cord-injury/D2628C4C3B90D548161AA45867FC6A81). **Languages:** English |

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| **Assessment Interpretability** |
| Minimal Clinically Important Difference

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| Not established in SCI |

 | Statistical Error

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| Not established in SCI |

 | Typical Values

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| **Mean (SD) Scores:**Psychological Well-Being = 2.75 (0.61)Financial Well-Being = 2.93 (0.70)Family and Social Well-Being = 3.22 (0.60)Physical Well-Being = 2.82 (0.63)(SWBI 20-item version; Catalano et al. 2010; n=413; 293 males; paraplegia; mean (SD) time since SCI: 29.30(14.45) months) |

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| **Measurement Properties** |
| Validity – **Moderate** to **High**

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| **Moderate to High correlation with subscales of the World Health Organization Quality of Life-Brief Version (WHOQOL-BREF):**r = 0.45-0.75(SWBI 26-item version; Chapin et al. 2004; n=132; 101 males; paraplegia; mean (SD) time since SCI = 15.21(11.63) months)**Moderate to High correlation with Rosenberg Self-Esteem Scale (RSES):**r = 0.42-0.76**Moderate to High correlation with Subjective Happiness Scale (SHS):**r = 0.45-0.72 **Moderate correlation with Acceptance of Disability Scale (ADS):**r = 0.37-0.59(SWBI 20-item version; Catalano et al. 2010; n=413; 293 males; paraplegia; mean (SD) time since SCI: 29.30(14.45) months)**Number of studies reporting validity data:** 3 |

 | Reliability – **High**

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| **High Internal Consistency:** Psychological Well-Being: α = 0.82Financial Well-Being: α = 0.81Family and Social Well-Being: α = 0.85Physical Well-Being: α = 0.81(SWBI 20-item version; Catalano et al. 2010; n=413; 293 males; paraplegia; mean (SD) time since SCI: 29.30(14.45) months)**Number of studies reporting reliability data:** 2 |

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| Responsiveness |
| **Floor/Ceiling Effect:**Not established in SCI | **Effect Size:** Not established in SCI | **Number of studies reporting responsiveness data:** 0 |