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| The Scaled General Health Questionnaire-28 (GHQ-28) |
| **Assessment Overview** |
| Assessment Area

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| **ICF Domain:**Body Function**Subcategory:**Mental Functions |

 | Summary

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| The Scaled General Health Questionnaire-28 (GHQ-28) is a self-report questionnaire used to indicate psychological well-being and detect possible cases of psychiatric distress related to general medical illness. The GHQ-28 is designed to assess 4 aspects of distress: 1) depression, 2) anxiety, 3) social impairment, 4) hypochondriasis  |

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| You Will Need

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| **Length:** 5 minutes, 28 items, self-administered questionnaire.**Scoring:**Respondents rate each question using options provided:1) “Better than usual” 2) “Same as usual” 3) “Worse than usual” 4) “Much worse than usual”Different methods of scoring are possible, which will affect the total score. Traditional scoring method assigns score of 0 for responses 1 and 2 and a score of 1 for responses 3 and 4.  |

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| Availability

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| <https://scireproject.com/outcome-measures/outcome-measure-tool/scaled-general-health-questionnaire-28-ghq-28/#1467983894080-2c29ca8d-88af>Worksheet: <http://www.scireproject.com/wp-content/uploads/worksheet_self_reported_functional_measure_srfm.pdf> **Languages:** English |

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| **Assessment Interpretability** |
| Minimal Clinically Important Difference

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| Not established in SCI |

 | Statistical Error

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| Not established in SCI  |

 | Typical Values

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| Not established in SCI  |

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| **Measurement Properties** |
| Validity – **High**

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| **High correlation with Clinical Interview Scale:**r=0.83(Griffiths et al. 1993; N=60, 77% Male, Median age=33.8, Median duration of paralysis =7)**Number of studies reporting validity data:** 1 |

 | Reliability – **Not Reported**

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| **Number of studies reporting reliability data:** 0 |

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| Responsiveness |
| **Floor/Ceiling Effect:**Not established in SCI | **Effect Size:** Not established in SCI | **Number of studies reporting responsiveness data:** 0 |