

# The Scaled General Health Questionnaire-28 (GHQ-28)

## Assessment Overview

### Assessment Area

**ICF Domain:**

Body Function

**Subcategory:**

Mental Functions

### You Will Need

**Length:**

5 minutes, 28 items, self-administered questionnaire.

**Scoring:**

Respondents rate each question using options provided:

- 1) "Better than usual"
- 2) "Same as usual"
- 3) "Worse than usual"
- 4) "Much worse than usual"

Different methods of scoring are possible, which will affect the total score. Traditional scoring method assigns score of 0 for responses 1 and 2 and a score of 1 for responses 3 and 4.

### Summary

The Scaled General Health Questionnaire-28 (GHQ-28) is a self-report questionnaire used to indicate psychological well-being and detect possible cases of psychiatric distress related to general medical illness.

The GHQ-28 is designed to assess 4 aspects of distress: 1) depression, 2) anxiety, 3) social impairment, 4) hypochondriasis

### Availability

<https://scireproject.com/outcome-measures/outcome-measure-tool/scaled-general-health-questionnaire-28-ghq-28/#1467983894080-2c29ca8d-88af>

Worksheet: [http://www.scireproject.com/wp-content/uploads/worksheet\\_self\\_reported\\_functional\\_measure\\_srfm.pdf](http://www.scireproject.com/wp-content/uploads/worksheet_self_reported_functional_measure_srfm.pdf)

**Languages:** English

## Assessment Interpretability

### Minimal Clinically Important Difference

Not established in SCI

### Statistical Error

Not established in SCI

### Typical Values

Not established in SCI

## Measurement Properties

### Validity – **High**

**High correlation with Clinical Interview Scale:**  
r=0.83

(Griffiths et al. 1993; N=60, 77% Male, Median age=33.8, Median duration of paralysis =7)

**Number of studies reporting validity data: 1**

### Reliability – **Not Reported**

**Number of studies reporting reliability data: 0**

## Responsiveness

**Floor/Ceiling Effect:**  
Not established in SCI

**Effect Size:**  
Not established in SCI

**Number of studies reporting  
responsiveness data: 0**