

# General Health Questionnaire-28 (GHQ-28)

## Assessment Overview

### Assessment Area

**ICF Domain:**

Body Function

**Subcategory:**

Mental Functions

### You Will Need

**Length:**

5 minutes, 28 items, self-administered questionnaire.

**Scoring:**

Respondents rate each question using options provided:

- 1) "Better than usual"
- 2) "Same as usual"
- 3) "Worse than usual"
- 4) "Much worse than usual"

Different methods of scoring are possible, which will affect the total score. Traditional scoring method assigns score of 0 for responses 1 and 2 and a score of 1 for responses 3 and 4.

### Summary

The General Health Questionnaire-28 (GHQ-28) is a self-report questionnaire used to indicate psychological well-being and detect possible cases of psychiatric distress related to general medical illness.

The GHQ-28 is designed to assess 4 aspects of distress: 1) depression, 2) anxiety, 3) social impairment, 4) hypochondriasis

### Availability

**Worksheet:** Can be purchased [here](#).

**Languages:** Available in 38 languages

## Assessment Interpretability

### Minimal Clinically Important Difference

Not established in SCI

### Statistical Error

Not established in SCI

### Typical Values

Not established in SCI

## Measurement Properties

### Validity – High

#### High correlation with Clinical Interview Scale:

$r=0.83$

(Griffiths et al. 1993; n=60, 77% males; median age: 33.8 years; median duration of paralysis: 7 years)

**Number of studies reporting validity data: 1**

### Reliability – High

#### High Internal Consistency:

Cronbach's  $\alpha = 0.82$

(Griffiths et al. 1993; n=60, 77% males; median age: 33.8 years; median duration of paralysis: 7 years)

**Number of studies reporting reliability data: 1**

## Responsiveness

#### Floor/Ceiling Effect:

Not established in SCI

#### Effect Size:

Not established in SCI

#### Number of studies reporting

**responsiveness data: 0**