

## **A 5-item SCI sacral sparing self-report questionnaire**

Adapted from Liu et al. 2017. Development and validation of a bowel-routine-based self report questionnaire for sacral sparing after spinal cord injury, 55: 1010-1015, 2017; Appendix 1 Questions, with permission from Springer Nature Publishing.

Question 1. Can you feel the tissue when cleaning your perianal area after defecation?

- Yes
- No
- NA, I don't use tissue

Question 2. Can you feel the water temperature when washing your perianal area after defecation?

- Yes
- No
- NA, I don't use water

Question 3. Can you feel the finger(s) inserting into your rectum during digital evacuation?

- Yes
- No
- NA, I don't use digital evacuation

Question 4. Can you feel the enema tube inserted into your rectum during bowel routine?

- Yes
- No
- NA, I don't use enema

Question 5. Can you hold the enema for more than 1 minute when it is injected into your rectum?

- Yes
- No
- NA, I don't use enema