Last updated: February 9th, 2024

## Research Summary – Quality of Life Index (QLI) (Ferrans and Powers) – Quality of Life

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
May & Warren 2001 Convenience Sample Alberta, Canada	N=11 (9 male, 2 female) Mean Age: 33.1, range 26-42 years  8 Cervical, 3 Thoracic/Lumbar	A convenience sample was used to evaluate the substantive and structural components of the QLI, as a form of content validity. For the substantive component, four cognitive questions and post-interview questions were used to determine possible comprehension issues with the items. For the structural component, the grouping of the items and scoring model were evaluated. Appropriate changes were made from the results of these components.		

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		Weighted total QLI score & Non-weighted sub-section scores of the QLI (Pearson correlations) QLI & mean satisfaction: r=0.98 QLI & mean importance: r=0.47 (single outlier data point removed)		
May & Warren 2002 Convenience Sample Alberta, Canada	N=98 (76 male, 22 female) Mean Age: 45.2, range 21-81 years Mean DOI: 15.5 yrs, range 1.1-77.7 yrs  56.1% of participants had a cervical injury	Weighted total QLI score & Non-weighted sub-section scores of the QLI (Pearson correlations) QLI & mean satisfaction: r=0.99 QLI & mean importance: r=0.43  QLI & Reintegration to Normal Living: r=- 0.654 (P=.01 two- tailed)		Interpretability: QLI scores: [ mean, (SD), range] Overall: 21.02 (4.27), 11-30 Health & Functioning: 19.92 (4.83), 6.38-30 Social & Economic: 21.56 (4.26), 11.75-30 Psychological & Spiritual: 21.74 (5.49), 5.64-30 Family: 22.94 (5.58), 8-30

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
		QLI & Rosenberg Self- esteem scale: r=0.609 (P=.01 two-tailed)		

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## Research Summary – Quality of Life Index (QLI) (Ferrans and Powers) – Quality of Life - Cross-cultural Validation Studies

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
Kovacs et al. 2016  Cross-sectional, validation study to (a) develop the Spanish version of the Quality of Life Index-Spinal Cord Injury version (SV-QLI/SCI) and (b) assess its psychometric characteristics among permanent wheelchair users and specifically among those with SCI.	N = 77 48M, 29F Mean (SD) age 45.1 (15.6) years Reason for using a wheelchair: Traumatic SCI (n = 43), neurologic degenerative disease (n = 33), untreatable chronic musculoskeletal condition (n = 1) Level of injury: Cervical (n = 16), thoracic (n = 25), lumbar (n = 2), not applicable (n = 34)	Correlations between quality of life (as measured with the SV-QLI/SCI), pain and depression are shown in Table 1. The strongest correlation (-0.628) was found between quality of life and depression.	The reproducibility of the SV-QLI/SCI was 'almost perfect' for the entire sample and for the subsample of subjects with SCI (ICC [95% confidence interval]: 0.801 [0.699–0.870] and 0.830 [0.704-0.906], respectively).	Floor/ceiling effects:  - For the entire sample, no subject received the minimum possible score for the SV-QLI/SCI or its subscales, and <3% reached the maximum possible score for the SV-QLI/SCI score and its subscales, except for the 'Family' subscale, for which 12.2% of the subjects had the maximum possible score.  - For the subsample of subjects with SCI, no subject received the minimum possible score for the SV-

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Reliability	Responsiveness Interpretability
Associations of wheelchair users in Mallorca (Spain).				QLI/SCI or its subscales, and <5% reached the maximum possible score for the SV-QLI/SCI score and its subscales, except for the 'Family' subscale, for which 13.9% of the subjects had the maximum possible score.
	Table 1. Correlation betwe	een quality of life, pain a	ind depression levels in	n the entire sample (77

Table 1. Correlation between quality of life, pain and depression levels in the entire sample (77 subjects) and the subsample of subjects with spinal cord injury (43 subjects)

	Quality of life (QLI/SCI)	Depression (CESD)	Neck pain (VAS)	Thoracic pain (VAS)
Depression (CESD)				
Entire sample	- 0.628			
Subsample with SCI	- 0.664			
Neck pain (VAS)				
Entire sample	- 0.111	- 0.096		
Subsample with SCI	- 0.091	- 0.175		
Thoracic pain (VAS)				
Entire sample	- 0.150	0.136	0.494	
Subsample with SCI	- 0.259	0.250	0.491	
Low back pain (VAS)				

Author Year Research Design Setting (country)	Demographics and Injury Characteristics of Sample	Validity	Validity		eliability	Responsiveness Interpretability	
	Entire sample	- 0.105	0.052		0.398	0.244	í
	Subsample with SCI	-0.127	0.156		0.358	0.282	í
	Abbreviations: CESD, Center for Epidemiologic Studies Depression; QLI/S Index-Spinal Cord Injury; VAS, visual analogue scale.					I/SCI, Quality of Life	