

# Emotional Quality of the Relationship Scale (EQR)

## Assessment Overview

### Assessment Area

**ICF Domain:**

Activities and Participation

**Subcategory:**

Interpersonal interactions and relationships

### You Will Need

**Length:**

5 minutes, 7 items

**Scoring:**

Items scored 1-4. Total score (7-28) is the sum of items.

Higher scores indicates that the emotional quality of the relationship is stronger

### Summary

The Emotional Quality of the Relationship Scale (EQR) is useful in looking at aspects of relationships experienced by individuals with SCI. It is a self-report instrument that measures affection, emotional intimacy and communication.

More specifically, the EQR scale measures:

- Feelings of affection and intimacy
- Ability to solve problems within the relationship
- Ability to communicate about sex with the partner
- Satisfaction with these areas and the relationship as a whole.

It should be noted that items can elicit an emotional response that may require professional attention.

### Availability

Available for free here:

[https://scireproject.com/wp-content/uploads/worksheet\\_emotional\\_quality\\_of\\_the\\_relationship\\_scale\\_eqr.docx](https://scireproject.com/wp-content/uploads/worksheet_emotional_quality_of_the_relationship_scale_eqr.docx)

**Languages:** English

## Assessment Interpretability

### Minimal Clinically Important Difference

Not established in SCI

### Statistical Error

Not established in SCI

### Typical Values

**Mean (SD) Score:**

22.1 (4.0)

(Kreuter, et al. 1996; N=75, 64 males; mixed injury types; community living)

## Measurement Properties

### Validity – **Moderate**

***Moderate*** correlation with Sexual Behaviour Scale (SBS):

$r = 0.45$

***Moderate*** correlation with Hospital Anxiety and Depression Scale (HADS):

$r = -0.38$

***Moderate*** correlation with Quality of Life Visual Analogue Scale:

$r = 0.37$

(Kreuter, et al. 1996; N=75, 64 males; mixed injury types; community living)

**Number of studies reporting validity data: 2**

### Reliability – **High**

***High*** Internal Consistency:

$\alpha = 0.85$

(Kreuter et al. 1994a; N=49 in relationships; mixed injury types; community living; > 1 year post-SCI)

**Number of studies reporting reliability data: 2**

## Responsiveness

**Floor/Ceiling Effect:**

Not established in SCI

**Effect Size:**

Not established in SCI

**Number of studies reporting**

**responsiveness data: 0**