### Emotional Quality of the Relationship Scale (EQR)

#### Assessment Overview

**Assessment Area**

<table>
<thead>
<tr>
<th>ICF Domain:</th>
<th>Activities and Participation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Subcategory:</strong></td>
<td>Interpersonal interactions and relationships</td>
</tr>
</tbody>
</table>

**You Will Need**

- **Length:** 5 minutes, 7 items
- **Scoring:** Items scored 1-4. Total score (7-28) is the sum of items. Higher scores indicate that the emotional quality of the relationship is stronger

**Summary**

The Emotional Quality of the Relationship Scale (EQR) is useful in looking at aspects of relationships experienced by individuals with SCI. It is a self-report instrument that measures affection, emotional intimacy and communication. More specifically, the EQR scale measures:

- Feelings of affection and intimacy
- Ability to solve problems within the relationship
- Ability to communicate about sex with the partner
- Satisfaction with these areas and the relationship as a whole.

It should be noted that items can elicit an emotional response that may require professional attention.

**Availability**


**Languages:** English

#### Assessment Interpretability

<table>
<thead>
<tr>
<th>Minimal Clinically Important Difference</th>
<th>Statistical Error</th>
<th>Typical Values</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not established in SCI</td>
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<td><strong>Mean (SD) Score:</strong> 22.1 (4.0)</td>
</tr>
</tbody>
</table>

(Kreuter, et al. 1996; N-75, 64 males; mixed injury types; community living)
### Measurement Properties

#### Validity – Moderate

- **Moderate** correlation with Sexual Behaviour Scale (SBS):
  Correlation = 0.45

- **Moderate** correlation with Hospital Anxiety and Depression Scale (HADS):
  Correlation = -0.38

- **Moderate** correlation with Quality of Life Visual Analogue Scale:
  Correlation = 0.37

(Kreuter, et al. 1996; N=75, 64 males; mixed injury types; community living)

Number of studies reporting validity data: 2

#### Reliability – High

- **High** Internal Consistency:
  \( \alpha = 0.85 \)

(Kreuter et al. 1994a; N=49 in relationships; mixed injury types; community living; > 1 year post-SCI)

Number of studies reporting reliability data: 2

#### Responsiveness

- **Floor/Ceiling Effect:** Not established in SCI
- **Effect Size:** Not established in SCI
- Number of studies reporting responsiveness data: 0